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### **TAT® Certification Mentoring**

TATLife certification requirements include workshops (TAT Basics, Practicing Presence), studying the Professional's Manual and selected DVD's, and completing TAT sessions. For a full list of certification requirements, visit TATLife and download a copy here:  
<http://www.tatlife.com/08TATLife-Certification.htm>

For the following, you'll need to work with a Certified TAT Trainer:

- Review of all sessions (total of 65)
- Review of 2 case studies (full TAT sessions)
- Observation/Evaluation of two full TAT sessions
- Discussion of Essential Points for Professionals
- Review of TATLife Ethical Guidelines
- Additional coaching and observation as needed

#### **What are the Options?**

I've found that the readiness for certification varies quite a bit, so I continue to refine what I offer in order to provide the best support in the most cost effective manner. I now offer two options; with either one, you go at your own pace, taking whatever time you need to finish everything.

*A note about estimates: Please know that estimates described below are based on my experience so far. Your cost will vary based on your unique situation and needs (could be less than the minimum, or more than the maximum estimates).*

#### **Option 1: Individual Mentoring**

Individual Mentoring is based on an hourly rate of \$85. While reviewing and evaluating sessions, discussing the Essential Points and providing feedback/coaching, I'll keep track of hours and you can pay as you go. There is no time limit for completion, so whether you do everything in a week or over the course of several months makes no difference. While the amount of time varies, I can estimate the cost, based on my experience so far:

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|---|--------------------|
| • Initial Assessment  | FREE               |
| • Review & feedback for written sessions, plus two case studies (67 total): | about 1.5 hrs.     |
| • Observation/evaluation/discussion of two full sessions:                   | about 3.5 - 5 hrs. |
| • Discussion of Essential Points:   | about 1 - 2 hrs.   |



